



TH-IV MEDICS

SOOKJAI WELLNESS MEDICAL CLINIC

MENU

Revitalize the body, conquer chronic diseases, and recover from injuries
with the healing power of Integrative Medicine.

FEMALE PROGRAM

STANDARD PROGRAM : 1,990 THB

Glucose
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC

ADVANCE PROGRAM : 2,990 THB

Glucose
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC
Total Bilirubin
Direct Bilirubin
Albumin
Globulin
Total Protein
CEA
AFP

PLATINUM PROGRAM : 6,990 THB

Glucose
Hb A1C
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC
ESR

Total Bilirubin
Direct Bilirubin
Albumin
Globulin
Total Protein
CEA
AFP
CA199
CA 125
CA 153
Calcium
Phosphorus
Magnesium

Sodium
Potassium
Chloride
ECO2
hs-CRP
HBs Ag
Anti-HBs
HCV

Specimens : Blood, urine collection
Report : 3-5 days



Note: Please refrain from consuming food and beverages, except plain water, for at least 10-12 hours before the blood test.

MALE PROGRAM

STANDARD PROGRAM : 1,990 THB

Glucose
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC

ADVANCE PROGRAM 2,990 THB

Glucose
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC
Total Bilirubin
Direct Bilirubin
Albumin
Globulin
Total Protein
CEA
AFP

PLATINUM PROGRAM : 5,990 THB

Glucose
Hb A1C
Total Cholesterol
Triglyceride
LDL-cholesterol
HDL-Cholesterol
BUN
Creatinine
eGFR
ALP
AST
ALT
Uric acid
Urinalysis
CBC
ESR

Total Bilirubin
Direct Bilirubin
Albumin
Globulin
Total Protein
CEA
AFP
CA199
PSA
Calcium
Phosphorus
Magnesium

Sodium
Potassium
Chloride
ECO2
hs-CRP
HBs Ag
Anti-HBs
HCV

Specimens : Blood, urine collection
Report : 3-5 days



Note: Please refrain from consuming food and beverages, except plain water, for at least 10-12 hours before the blood test.

HEALTH CHECKUP

BLOOD SUGAR TESTS : 590 THB

- Glucose
- Hb A1C

KIDNEY PROFILE : 250 THB

- BUN
- Creatinine
- eGFR

HEPATITIS A, B, C : 1,900 THB

- Anti HAV
- Anti HBs
- HBs Ag
- Anti HCV

MALE TUMOR MARKERS : 3,500 THB

- Alpha-Fetoprotein (AFP)
- Test for colon cancer markers (CEA)
- Test for prostate cancer markers (PSA)
- Pancreatic cancer markers (CA 199)

LIPIDS PROFILE : 990 THB

- Total Cholesterol
- Triglyceride
- LDL-cholesterol
- HDL-Cholesterol

LIVER PROFILE : 990 THB

- ALP
- AST
- ALT
- Total Bilirubin
- Direct Bilirubin
- Albumin
- Globulin
- Total Protein

FEMALE TUMOR MARKERS : 4,900 THB

- Alpha-Fetoprotein (AFP)
- Test for colon cancer markers (CEA)
- Test for ovarian cancer markers (CA 125)
- Test for markers of breast cancer (CA 153)
- Pancreatic cancer markers (CA 199)

Specimens : Blood collection
Report : 3-5 days

HEALTH CHECKUP

INFECTIOUS MARKERS : 2,000 THB

- HIV 1/2 Ab
- Hepatitis B Surface Antigen (HBs Ag)
- Hepatitis B Surface Antibody (Anti HBs)
- Hepatitis C Antibody (Anti HCV)
- Syphilis (RPR)

Specimens : Blood collection
Report : 5-7 days

THYROID FUNCTION TESTS : 2,000 THB

- Thyroid-Stimulating Hormone (TSH)
- T3
- T4
- Free T3
- Free T4

INFECTIOUS MARKERS BY PCR : 3,900 THB

Sexually Transmitted infections 14 (STIs)

- Neisseria gonorrhoeae
- Chlamydia trachomatis
- Mycoplasma hominis
- Mycoplasma genitalium
- Ureaplasma urealyticum
- Ureaplasma parvum
- Herpes simplex virus types 1 (HSV-1)
- Herpes simplex virus types 2 (HSV-2)
- Treponema pallidum
- Haemophilus ducreyi
- Trichomonas vaginalis
- Candida albicans
- Gardnerella vaginalis
- Group B Streptococcus

Specimens : Urine, Vaginal Swab

**Report in 1 week*

INFECTIOUS MARKERS BY PCR : 4,900 THB

Sexually Transmitted infections 29 (STIs)

- Chlamydia trachomatis
- Ureaplasma urealyticum
- Mycoplasma genitalium
- Mycoplasma hominis
- Neisseria gonorrhoeae
- Treponema pallidum
- Gardnerella vaginalis
- Group B Streptococcus
- Staphylococcus aureus
- Escherichia coli
- Haemophilus ducreyi
- Herpes simplex virus 1 (HSV-1)
- Herpes simplex virus 2 (HSV-2)
- Candida spp.
- Trichomonas vaginalis
- Enterobacter cloacae
- Pseudomonas aeruginosa
- Proteus mirabilis
- Enterococcus faecium
- Klebsiella pneumoniae
- Bacteroides fragilis
- Enterococcus faecalis
- Atopobium vaginae
- Candida albicans
- Candida glabrata
- Candida krusei
- Candida tropicalis
- Candida parapsilosis
- Aspergillus spp.
- Meyerozyma guilliermondii

Specimens : Urine, Vaginal Swab

****Report in 1 week***

HEALTH CHECKUP

MICRONUTRIENT PROFILE : 22,000 THB

- Alphacarotene
- Alphotocopherol
- Beta carotene
- Coenzyme Q 10
- Gamma Tacopherol
- Lycopene
- Vitamin A
- Vitamin C
- Vitamin B9
- Vitamin B12
- Copper
- Chromium
- Ferritin
- Magnesium
- Selenium
- Zinc
- 25-0H Vitamin D2/D3 Total

**Report in 3 weeks*

3 HEAVY METALS IN BLOOD : 3,900 THB

- Arsenic
- Lead
- Mercury

**Report in 3 weeks*

HEAVY METALS PROFILE IN BLOOD : 5,900 THB

- Lead (Pb)
- Cadmium (Cd)
- Chromium (Cr)
- Cobalt (Co)
- Manganese (Mn)
- Mercury (Hg)
- Nickel (Ni)
- Arsenic (As)*
- Copper (Cu)*

**Report in 3 weeks*

Lab tests

Complete Blood Count (CBC)	150
Stool Examination	250
Fecal Occult Blood (FOB)	250
DIABETIS MARKER	
Glucose	200
Hb A1c	450
Insulin	1,200
HOMA-IR	1,200
KIDNEY FUNCTION	
BUN	150
Creatinine, eGFR	150
Urine Analysis	150
Urine microalbumin	300
LIPIDS PROFILE	
Total Cholesterol	300
Triglyceride	300
LDL-Cholesterol	230
HDL-Cholesterol	230
Uric Acid	150
LIVER FUNCTION	
Alkaline Phosphatase (ALP)	150
ALT (SGPT)	150
AST (SGOT)	150
Total Protein	120
Albumin	120
Globulin	120
Total Bilirubin	100
Direct Bilirubin	100
GGT	250
Calcium (Ca)	200
Vitamin D total	3,500
Vitamin D total, Vitamin D2, D3	3,500
Electrolyte (Na, K, Cl, CO2)	600
Phosphorus	250
Magnesium	800

Lab tests

CARDIAC MARKER

CK	800
Troponin I	1,000
High Sensitivity C-Reactive Protein (hs-CRP)	1,000
D-Dimer	1,200
LDH	600

HORMONES

Testosterone (Total)	1,200
Testosterone (Free)	1,200
Free Testosterone	1,200
Estrone (E1)	1,200
Estradiol (E2)	1,200
Estriol (E3)	1,200
Total Progesterone	1,200
Luteinizing Hormone (LH)	1,200
Follicle-Stimulating Hormone (FSH)	1,200
Progesterone	1,200
hCG Rapid Test	200
Beta hCG	800
Prolactin	1,000
GH (Growth hormone)	2,000
IGF-1	2,000
DHT (Dihydrotestosterone)	1,700
DHEA (Dehydroepiandrosterone)	1,000
Cortisol	600
Insulin (Fasting)	1,200
AMH (Anti-Müllerian Hormone)	4,500
SHBG	1,200
Homocysteine	1,200

SPECIAL TESTS

Allergy Blood Test (Specific IgE 107 types)	4,500
232 Food Intolerance Test (IgG)	19,900
CD3, CD4, CD8	3,500
NK cell (CD16/56)	4,000
NK cell activity	9,500
Gut Microbiome Health & Immunity set	9,900
Gut Microbiome Total Health set	16,900

Lab tests

ABO test	150
Rh	150
Hb typing	1,000
DCIP	250
OF test	250
G6PD screening test	300
G6PD quatnitive	2,500
ESR	200
Hemoglobin (Hb)	100
Ferritin	700
Serum Iron (Fe)	700
TIBC	900

THYROID FUCTIONS

Total T3	900
Total T4	900
Thyroid Stimulating Hormone (TSH)	700
Free T3	700
Free T4	700
Anti-TPO (Thyroid Peroxidase Antibody)	1,000

CANCER MARKER

Stool Examination and Occult blood (FOB)	300
LDH – Tissue damage / cancer indicator	600
Alpha-Fetoprotein (AFP)	800
Carcinoma Embryonic Ag (CEA)	800
Prostatic Specific Antigen Free (Free PSA)	800
Cancer Antigen 125 (Ovary Cancer)	1,000
Cancer Antigen 15-3 (Breast Cancer)	1,000
Carbohydrate Antigen 19-9 (Digestive Tract)	1,500
H. Pylori Antibody – Detects infection linked to stomach cancer	1,000
HE4 + CA-125	4,000
NSE (Neuroendocrine & small cell lung cancer)	2,500
PIVKA II (Liver cancer marker)	3,800
SCC (Squamous cell cancers)	2,500

OTHERS

C-Reactive Protein (CRP)	1,000
Rheumatoid factor (RF)	500
Immunoglobulin IgE level	1,000
Immunoglobulin IgM level	1,000
Immunoglobulin IgA level	1,000
Immunoglobulin IgG level	1,000

Lab tests

INFECTIOUS MARKER

ANTI-HAV TOTAL	900
ANTI-HCV	800
ANTI-HBs	500
HBs Ag	500
HIV 1/2 Ab	800
HIV Ag	800
HIV Viral load (Quantitative)	3,500
Syphilis Antibody (TPHA)	700
Syphilis RPR (VDRL)	500
HPV DNA (14 types : 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 68, 66)	3,000
HPV DNA (29 types : High-risk HPV types: 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 68, 73, 82, Probable high-risk HPV types: 26, 53, 66, 67, 69, Low-risk HPV types: 6, 11, 40, 42, 43, 44, 54, 61, 70)	3,900
HPV 40 genotyping	4,900
Sexually Transmitted infections 14 (STIs)	3,900
Sexually Transmitted infections 29 (STIs)	4,900
ANTI-SARS-COV-2 IgG (Quantitative)	2,500
SAR-Cov-Neutralization	2,500
COVID-19 PCR	2,500
Covid-19/Influenza A/B, RSV Rapid Test	1,000
Dengue Ag, Ab Rapid Test	1,000

COAGULATION'S TEST

Prothrombin Time (PT)	450
Partial thromboplastic time (PTT)	450
D-Dimer	800

HEAVY METALS

Copper, Cu	700
Mercury, Hg	1,000
Arsenic	700
Lead, Pb	700
Cadmium, Cd	700
Chromium, Cr	700
Zinc, Zn	800
Manganese, Mn	800
Aluminium	800

Lab tests

ANTIOXIDANT TESTS

Vitamin A (Retinol)	1,800
Vitamin B1 (Thiamine)	2,600
Vitamin B2 (Riboflavin)	2,600
Vitamin B6 (Pyridoxal)	2,600
Vitamin B9 (Folate)	1,200
Vitamin B12	700
Vitamin C	3,000
Vitamin D2/D3	3,500
Vitamin D total	3500
Vitamin E (Tocopherol)	2,500
Coenzyme Q10	1,900
Beta Carotene	3,100
Glutathione	4,000
Free Radical level	1,800
Anti-oxidant level	1,800
D Roms test & PAT (antioxidant)	3,500
NAD+, NADH Level	7,900

Specimens : Blood collection
Report : 2 weeks

ALLERGY SPECIFIC IGE 107 TYPES (91 GROUPS) (ALLERGY BLOOD TEST) : 4,500 THB



ALLERGY
SPECIFIC IGE

107

AGENTS

- The comprehensive test covers food, air, and environmental allergies, totaling 107 types.
- The test is performed through blood sampling and has a high specificity. It can be done for all genders and ages, without the need to fast or stop taking medications and allergy treatments.

Category	Allergens	
Other	Total IgE	CCD marker
	Foods	
Meat and Dairy products	Chicken Beef Shrimp Lobster / Pacific squid Tuna / Salmon Mackerrel Milk Egg white Cheese / Cheddar type	Pork Lamb meat Crab Blue mussel / Oyster / Clam / Scallop Plaice / Anchovy Alaska Pollock Eel Codfish Slikworm pupa
Grains and Nuts	Rice Corn Yeast / Baker's Sesame Penut Almond / Pine nut / Sunflower Sweet chestnut	Barley Cultivated rye Wheat Buckwheat Soy Bean Hazelnut Walnut
Vegetables and Fruits	Garlic / Onion Tomato Potato Citrus mix Apple Kiwi / Mango / Banana Cacao	Cucamber Carrot Celery Strawberry Peach Plantain

ALLERGY SPECIFIC IGE 107 TYPES (91 GROUPS)
(ALLERGY BLOOD TEST) 4,500 THB

Inhalations and Contacts		
Animals and Microbes	Dog dander Mouse / Rat Guinea pig Rabbit Cockroach Bee venom Dermatophagoides Pteronyssinus Tyrophagus putrescentiae Cladosporium herbarum Alternaria alternata Candida albicans	Cat dander Wool Hamster Horse Wasp venom Hous dust Dermatophagoides Farinae Acarus siro Aspergillus fumigatus Penicilium notatum
Plants and Pollens	Common pigweed Goldenrod White pine Cotton Wood Olive Acacia Mugwort Oak Common ragweed Oxeye daisy Bermuda grass Hevea latex	Willow Birch Dandelion Hazel Japanese cedar Alder White ash Maple leaf sycamore Japanese hop Russian Thistle Timothy grass Sweet vernal / Orchard grass / Common reed / Bent grass

*Report in 1 week

232 FOOD INTOLERANCE TEST (IGG) (ALLERGY BLOOD TEST) : 19,900 THB



Measures your body's immune response (specifically, IgG antibodies) to 232 different foods. The presence of IgG antibodies can indicate a sensitivity or intolerance to certain foods, which could be causing chronic symptoms like headaches, bloating, skin problems, or digestive issues.

Test Method

ImmunoBlot principle with high sensitivity and specificity. Patients do not need to stop taking antihistamines. anti-histamine

Preparation before examination

- No need to withhold water and food or medication.
- Blood collection.

Food Intolerance Test details

Gluten containing cereals

- Wheat Flour
- Spelt Flour
- Rye Flour
- Oat Bran
- Gluten
- Barley Flour
- Durum Wheat Flour



Gluten free cereals and alternative foods

- Quinoa
- Rice
- Millet
- Corn
- Buckwheat flour
- Amaranth



232 FOOD INTOLERANCE TEST (IGG) (ALLERGY BLOOD TEST) : 19,900 THB

Legumes

- Lentil
- Soybean
- Pea
- String Bean
- Kidney Bean
- White Bean
- Chickpea
- Broad Bean
- Mung Bean



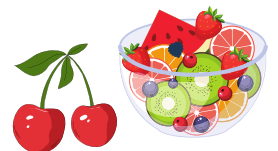
Nuts & Seeds

- Peanut
- Walnut
- Pistachio
- Flax seeds
- Coconut
- Sunflower seed
- Sesame
- Hazelnut
- Cashew nut
- Almond
- Poppy seeds
- Hemp Seeds
- Hemp Seeds
- Cola Nut
- Sweet Chestnut
- Pine Nut
- Macadamia Nut
- Brazil Nut
- Chia Seeds



Fruits

- Banana
- Apricot
- Apple
- Date
- Peach
- Grapefruit
- Watermelon
- Strawberry
- Pineapple
- Orange
- Nectarine
- Lemon
- Kiwi
- Blue Grape
- Cherry
- Goji Berry
- Mulberry
- Mandarin
- Cantaloupe Melon
- Honeydew Melon
- Black Currant
- Red Currant
- Gooseberry
- Cranberry
- Blueberry
- Blackberry
- Avocado
- Rhubarb
- Rose Hip
- Raspberry
- White Grape
- Raisin
- Pomegranate
- Papaya
- Mango
- Litchi
- Lime



Vegetables

- Cep
- Bay Bolete
- Cassava Root
- Spinach
- Asparagus
- Artichoke
- Zucchini
- Turnip cabbage
- Tomato
- Red cabbage
- Potato
- Shallot
- Onion
- Olive
- Leek mix 1
- Cucumber
- Celery
- Carrot
- Broccoli
- Corn salad
- Iceberg Lettuce
- Butterhead Lettuce
- Sweet potato
- Bell pepper
- Beetroot
- Eggplant
- Champignon
- Shiitake
- Chanterelle
- Oyster Mushroom
- Chicory
- Rocket
- Snow Pea
- Green Cabbage
- Vine Leaf
- Savoy Cabbage
- Radish
- Jerusalem Artichoke
- Hokkaido Pumpkin
- Fennel
- Chard
- Cauliflower
- Brussel Sprouts
- Bamboo Shoots
- Chinese Cabbage
- Kale

232 FOOD INTOLERANCE TEST (IGG) (ALLERGY BLOOD TEST) : 19,900 THB

Dairy & Eggs

- Yogurt
- Emmental Cheese
- Cow's milk
- Casein
- Mozzarella
- Processed Cheese
- Camembert
- Kefir
- Egg yolk (chicken)
- Curd Cheese
- Sheep's cheese
- Sheep's milk
- Goat's cheese
- Goat's milk
- Egg white (chicken)
- Cottage Cheese
- Butter
- Beta-Lactoglobulin (Cow's Milk)



Meat

- Rabbit Meat
- Turkey
- Pork
- Lamb meat
- Chicken
- Beef
- Guinea Fowl
- Goose
- Horse Meat
- Roe Deer
- Quail
- Ostrich
- Goat Meat
- Duck



Fish & Seafood

- Squid
- Crayfish
- Codfish
- Sole
- Trout
- Swordfish
- Anchovy
- Shrimp-Prawn Mix 1
- Venus clam
- Tuna
- Salmon
- Spirulina Spp.
- Ocean Perch
- Haddock
- Monkfish
- Crab
- Caviar
- Sea Bass
- Sardine
- Oyster
- Octopus
- Mackerel
- Lobster
- Herring
- Turbot
- Pike
- Gilthead
- Seabream
- Eel
- Carp



Herbs & Spices

- Curry
- Garlic
- Horseradish
- Chili
- Mint
- Peppermint
- Vanilla
- Pepper (black/white)
- Cayenne
- Pepper
- Rosemary
- Parsley
- Oregano
- Nutmeg
- Mustard seed
- Cinnamon
- Thyme
- Basil
- Licorice Root
- Hops
- Tarragon
- Sage
- Saffron
- Marjoram
- Ginger
- Dill
- Cumin
- Coriander
- Clove
- Caper
- Chamomile
- Bay Leaves
- Anise



232 FOOD INTOLERANCE TEST (IGG) (ALLERGY BLOOD TEST) : 19,900 THB

Miscellaneous

- Brewer's Yeast
- Baker's Yeast
- Black tea
- Coffee
- Honey
- Cocoa bean
- Rapeseeds
- Carob Powder
- Safflower Oil
- Baking Powder
- Green Tea
- Aloe Vera
- Agar-Agar



*Report in 1 week

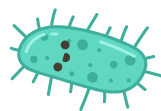
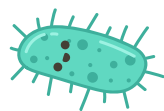


GUT HEALTH : 9,900 THB

Gut Microbiome

Get to know the *"good"* and *"bad" bacteria* in your gut for more precise health care.

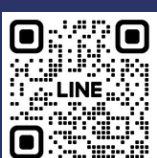
Gut bacteria, also known as microbiota, are tiny organisms crucial for our health. They compose about 90% of our body cells, acting like the body's 33rd organ, vital for the proper functioning of various systems. Maintaining the right balance in terms of bacteria types, quantities, and diversity is essential.



WHY SHOULD WE CHECK GUT BACTERIA ?

- **Health Insights:** Learn about the balance and diversity of your gut bacteria, which can significantly impact your overall health.
- **Food Harmony:** Discover the right foods to support a healthy gut.
- **Disease Risks:** Understand how gut bacteria can affect conditions like obesity, irritable bowel syndrome, and more.
- **Advanced Technology:** We use next-generation sequencing to analyze your gut bacteria.
- **Easy-to-Read Reports:** Receive clear results and explanations.
- **Personalized Advice:** Get tailored recommendations for diet and lifestyle.

Perfect for anyone looking to improve their health.
No fasting is required for sample collection.



GUT MICROBIOME



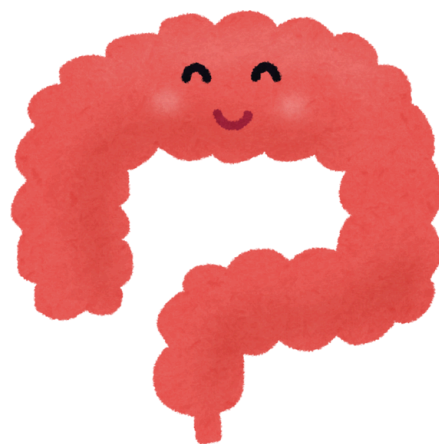
GUT HEALTH & IMMUNITY : 9,900 THB

1. Overall microbiome profile (Enterotype, Diversity, and Abundant)
2. Beneficial/Probiotic & Harmful Bacteria
3. Immunity & Inflammatory
4. GI Disorder

TOTAL HEALTH : 16,900 THB

1. Overall microbiome profile (Enterotype, Diversity, and Abundant)
2. Beneficial/Probiotic & Harmful Bacteria
3. Immunity & Inflammatory
4. GI Disorder
5. Metabolism
6. Nutrition Synthesis
7. Food Intolerance
8. Metabolic Syndrome
9. Wellness

Specimens : Stool collection
Report : in 8 weeks





GUT HEALTH

GUT HEALTH PROGRAM INFORMATION

รายละเอียดการตรวจ Microbiome	Gut Health & Immunity	Total Health
รูปแบบจุลินทรีย์ในลำไส้ Microbiome Profile	✓	✓
การเผาผลาญสารอาหาร Metabolism	✓	✓
ภูมิคุ้มกันและการอักเสบ Immunity & Inflammation	✓	✓
สภาวะไม่สมดุลในระบบทางเดินอาหาร Gastrointestinal Disorder	✓	✓
การสังเคราะห์อาหาร Nutrient Synthesis	✗	✓
สภาวะการแพ้อาหาร Food Intolerance	✗	✓
ภาวะเมตาบอลิกซินโดรม Metabolic Syndrome	✗	✓
สุขภาพองค์รวม Wellness	✗	✓
ภาวะโรคเสื่อม Degenerative Disease	✗	✗
คำแนะนำเรื่องโปรไบโอติกส์ พรีไบโอติกส์ และอาหารที่เหมาะสมกับจุลินทรีย์ Diet Recommendation	✓	✓
แผนแนะนำการรับประทานอาหาร 30 วัน 30-day meal plan	✗	✓