

232 FOOD INTOLERANCE TEST (IGG) (ALLERGY BLOOD TEST) : 19,900 THB



Measures your body's immune response (specifically, IgG antibodies) to 232 different foods. The presence of IgG antibodies can indicate a sensitivity or intolerance to certain foods, which could be causing chronic symptoms like headaches, bloating, skin problems, or digestive issues.

Test Method

ImmunoBlot principle with high sensitivity and specificity. Patients do not need to stop taking antihistamines. anti-histamine

Preparation before examination

- No need to withhold water and food or medication.
- Blood collection.

Food Intolerance Test details

Gluten containing cereals

- Wheat Flour
- Spelt Flour
- Rye Flour
- Oat Bran
- Gluten
- Barley Flour
- Durum Wheat Flour



Gluten free cereals and alternative foods

- Quinoa
- Rice
- Millet
- Corn
- Buckwheat flour
- Amaranth



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Legumes

- Lentil
- Soybean
- Pea
- String Bean
- Kidney Bean
- White Bean
- Chickpea
- Broad Bean
- Mung Bean



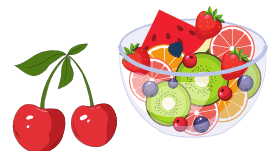
Nuts & Seeds

- Peanut
- Walnut
- Pistachio
- Flax seeds
- Coconut
- Sunflower seed
- Sesame
- Hazelnut
- Cashew nut
- Almond
- Poppy seeds
- Hemp Seeds
- Hemp Seeds
- Cola Nut
- Sweet Chestnut
- Pine Nut
- Macadamia Nut
- Brazil Nut
- Chia Seeds



Fruits

- Banana
- Apricot
- Apple
- Date
- Peach
- Grapefruit
- Watermelon
- Strawberry
- Pineapple
- Orange
- Nectarine
- Lemon
- Kiwi
- Blue Grape
- Cherry
- Goji Berry
- Mulberry
- Mandarin
- Cantaloupe Melon
- Honeydew Melon
- Black Currant
- Red Currant
- Gooseberry
- Cranberry
- Blueberry
- Blackberry
- Avocado
- Rhubarb
- Rose Hip
- Raspberry
- White Grape
- Raisin
- Pomegranate
- Papaya
- Mango
- Litchi
- Lime



Vegetables

- Cep
- Bay Bolete
- Cassava Root
- Spinach
- Asparagus
- Artichoke
- Zucchini
- Turnip cabbage
- Tomato
- Red cabbage
- Potato
- Shallot
- Onion
- Olive
- Leek mix 1
- Cucumber
- Celery
- Carrot
- Broccoli
- Corn salad
- Iceberg Lettuce
- Butterhead Lettuce
- Sweet potato
- Bell pepper
- Beetroot
- Eggplant
- Champignon
- Shiitake
- Chanterelle
- Oyster Mushroom
- Chicory
- Rocket
- Snow Pea
- Green Cabbage
- Vine Leaf
- Savoy Cabbage
- Radish
- Jerusalem Artichoke
- Hokkaido Pumpkin
- Fennel
- Chard
- Cauliflower
- Brussel Sprouts
- Bamboo Shoots
- Chinese Cabbage
- Kale

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Dairy & Eggs

- Yogurt
- Emmental Cheese
- Cow's milk
- Casein
- Mozzarella
- Processed Cheese
- Camembert
- Kefir
- Egg yolk (chicken)
- Curd Cheese
- Sheep's cheese
- Sheep's milk
- Goat's cheese
- Goat's milk
- Egg white (chicken)
- Cottage Cheese
- Butter
- Beta-Lactoglobulin (Cow's Milk)



Meat

- Rabbit Meat
- Turkey
- Pork
- Lamb meat
- Chicken
- Beef
- Guinea Fowl
- Goose
- Horse Meat
- Roe Deer
- Quail
- Ostrich
- Goat Meat
- Duck



Fish & Seafood

- Squid
- Crayfish
- Codfish
- Sole
- Trout
- Swordfish
- Anchovy
- Shrimp-Prawn Mix 1
- Venus clam
- Tuna
- Salmon
- Spirulina Spp.
- Ocean Perch
- Haddock
- Monkfish
- Crab
- Caviar
- Sea Bass
- Sardine
- Oyster
- Octopus
- Mackerel
- Lobster
- Herring
- Turbot
- Pike
- Gilthead
- Seabream
- Eel
- Carp



Herbs & Spices

- Curry
- Garlic
- Horseradish
- Chili
- Mint
- Peppermint
- Vanilla
- Pepper (black/white)
- Cayenne
- Pepper
- Rosemary
- Parsley
- Oregano
- Nutmeg
- Mustard seed
- Cinnamon
- Thyme
- Basil
- Licorice Root
- Hops
- Tarragon
- Sage
- Saffron
- Marjoram
- Ginger
- Dill
- Cumin
- Coriander
- Clove
- Caper
- Chamomile
- Bay Leaves
- Anise



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Miscellaneous

- Brewer's Yeast
- Baker's Yeast
- Black tea
- Coffee
- Honey
- Cocoa bean
- Rapeseeds
- Carob Powder
- Safflower Oil
- Baking Powder
- Green Tea
- Aloe Vera
- Agar-Agar



*Report in 1 week